

COURSE MODULE – UNIVERSAL TRIBUTES

UNIVERSAL TRIBUTE TEN

SPIRITUAL INVITATION: Remembering I AM Not Alone

Course Description

WHAT MAKES THIS COURSE UNIQUE

- This course invites you to deepen your spiritual journey by attending to your inner life and by extending the gifts of your spiritual practice to others.
- This course offers extensive, one-on-one interaction with a faculty member carefully matched to the needs and personality of the student, including weekly phone or onsite meetings and additional email support.

COURSE PURPOSE

To support individuals as they learn to recognize and respond to the invitation to go deeper into their inner state and to extend the same invitation to others

PURPOSE OF FACULTY-STUDENT GROUP GATHERINGS

1. To deepen the understanding and practice of the course teachings
2. To share experiences with the course material studied and applied
3. To receive personal and group support for ongoing application of the course teachings

BENEFITS

1. To recognize spiritual invitations as they arise in daily life
2. To practice being attentive to the inner landscape: thoughts, emotions, physical sensations
3. To take steps to strengthen self-love
4. To practice extending wellbeing to others

MAKING THE DECISION

Do you sense that there is more to life than what appears on the surface? Are you searching for deeper meaning in life? Would you like to have a tool that helps you see yourself and others through “spiritual eyes?” Would you like to learn ways to strengthen self-love and to extend that love and sense of wellbeing to others?

Ask yourself if now is the time to devote yourself to beginning (or deepening) your spiritual journey using the psychological-spiritual tool of the Ten Universal Tributes. As a universal and cohesive philosophical framework, the Tributes focus on ten essential aspects of one's life journey: will, purpose, service, inner work, choice, giving and receiving, extension, double vision, attitude, and spiritual invitation. The Tributes are intended to serve as a gentle entry into witnessing and working consciously with your inner state while relating to those in your personal, family, and work life.

The word "tribute" describes the intentionality and quality of one person's relationship with another person. Being in the presence of another human being and having an opportunity to serve them is a tribute, a gift. In giving a tribute, one holds all one gives, says, or does in a spirit of gratitude, respect, and honor. The framework of the Ten Universal Tributes is a way to learn how to unify personal healing and service.

The Universal Tributes Course consists of discrete four week units of study, with a separate lesson available for each of the ten Tributes. You will work with one Tribute and its eight Tenets for one month and work with only one Tribute at a time. The four week program for each Tribute allows time to work with the material and integrate its teaching at a gradual pace. This lesson supports the journey into your inner life through exploration of Tribute Ten: I accept the reality of the presence of Divine Love within my own mind and invite others to accept that same Love within themselves. As part of making your decision to enroll, carefully read the program requirements and time commitments listed below.

FOUR-WEEK, ONE-LESSON COURSE

Topics Covered

- The Ten Universal Tributes as a Spiritual Roadmap
- Tribute Ten and Tenets: I accept the reality of the presence of Divine Love within my own mind and invite others to accept that same Love within themselves.
- Learning about spiritual invitation
- Cultivating self-love and extending wellbeing to others

Requirements

- Read portions of *Born to Serve* by Susan S. Trout, PhD
- Follow the designated study steps and complete reading and worksheet assignments on schedule
- Spend approximately **one-half to one hour each day** to complete the four-week course
- Send designated worksheets to assigned faculty member
- Apply course material in personal and work life
- As needed, discuss completed assignments and handouts with faculty member by phone
- Complete the Terms and Agreements Form when registering for the course and return it to the Institute for the Advancement of Service
- Attend scheduled faculty-student gatherings
- **Lesson cannot be extended past the original four-week period**

Enrollment Procedures and Course Process

1. The applicant has a consultation with the Director of **The Clarion Way** Programs (**Susan Trout**) **BEFORE AUGUST 12th** to explore the applicant's purpose for enrolling in the *Universal Tributes Spiritual Invitation* course. The applicant reviews the Course Description and Table of Contents for the course during this consultation.
2. The applicant registers if s/he wishes to enroll by notifying the Director by phone or email. **The Clarion Way** Website Manager (**Ann Benvenuto**) will email a link to the applicant where s/he may pay for the course through PayPal or online by credit card. Alternately, the applicant may choose to pay for the course by mailing a check, made out to the Institute for the Advancement of Service, to IAS, P.O. Box 320245, Alexandria, VA, 22320-4245. At this point, the student will be subscribed to IAS e-communications, including the IAS E-News, Susan Trout's Blog, and Weekly Contemplation emails.
3. The Director consults with a faculty member whom the Director feels is a match for the applicant.
4. Once registered, the student is emailed a copy of the entire course, or may choose to pick up the manual in person from the Institute. The student will also receive contact information for his/her assigned faculty member and is required to review the course before an orientation call from this faculty member.
5. The student will participate in **THREE phone calls** initiated by his/her faculty member and **TWO group gatherings** as follows:
 - 1st call (Orientation) – between August 29th and September 3rd:
 - *Purpose of call:* To review course requirements, terms and conditions, assignments, and handouts; to review appointments for the starting date of the course, the dates and times of subsequent phone appointments, and the dates and times of group gatherings
 - **Student reviews materials carefully before orientation appointment**
 - Faculty member calls student for **one-hour** orientation
 - **COURSE BEGINS SEPTEMBER 4TH**
 - 1st Group Gathering – END OF WEEK ONE – September 10th
 - Reflections on course material from Week ONE
 - Review of course material for Week TWO
 - Student emails completed worksheet assignment(s) for **Week ONE** to faculty member **by the morning of September 9th**
 - 2nd call – End of WEEK TWO - September 17th:
 - *Purpose of call:* to reflect on course material from Week TWO and review course material for upcoming Week THREE; to support the student staying on course, completing the course assignments on time, and answering any questions that arise

- Faculty member emails the student prior to the call explaining the focus of the call
- Student emails completed worksheet assignment(s) for **Week TWO** to faculty member **24 hours before scheduled appointment**
- Faculty member calls student for **30-minute** appointment

- 3rd call – End of WEEK THREE – September 24th:
 - *Purpose of call:* to reflect on course material from Week THREE and review course material for upcoming Week FOUR; to support the student staying on course, completing the course assignments on time, and answering any questions that arise
 - Faculty member emails the student prior to the call explaining the focus of the call
 - Student emails completed worksheet assignment(s) for **Week Three** to faculty member **24 hours before scheduled appointment**
 - Faculty member calls student for **30-minute** appointment

- 2nd Group Gathering – END OF WEEK FOUR – October 1st
 - Reflections on Week FOUR, on the course as a whole, and on possible next steps
 - Student emails completed worksheet assignment(s) for **Week FOUR** to faculty member **by the morning of September 30th**

NOTE: The student is invited to contact the faculty member during the four weeks via email if s/he has difficulty working with the materials and needs additional support.

Course Tuition: \$100

Fee Policy: The course must be paid in full at the time of registration. A full refund will be awarded if the student withdraws within three days. The course fee is non-refundable after three days.

Text: The student will be given a copy of [Born to Serve](#) and the [Universal Tributes Card Set](#) after registering for the course.

Disclaimer: The Institute for the Advancement of Service does not provide medical or mental health care. As such, Institute courses are not intended to be psychotherapy, medical therapy, or a substitute for either one. Participants are required to assume self-responsibility for their wellbeing by seeking, when appropriate, psychological and medical professional ca

Reference: Susan S. Trout, PhD, *Born to Serve: The Evolution of the Soul Through Service*. Alexandria, VA: Three Roses Press, ©1997.