

# LIFE EXPERIENCES INVENTORY

That Was Then...	This Is NOW	
I  Life Experience	II  Current Status of Healing and Learning	III  How Life Experience Is Shared with Others
<i>I know what it feels like to:</i>	<i>How I feel about it now:</i>	<i>How I serve others as a result of this:</i>
Be in a family where boys are thought to be superior to girls. I felt angry, diminished, and rejected.	I decided to achieve because I want to, not out of spite.	I understand the resentment one feels as a result of being discriminated against.
Have teachers that believe in me.	I feel grateful for these models.	I easily believe in my own students.
Have family secrets.	I see that it keeps family members from being authentic with one another.	I support others speaking secrets without shame or guilt.
Grow up in a farming community with fresh and uncontaminated air and food.	I feel Earth and its inhabitants have been seriously harmed by choices made for materialistic gain without consideration of the greater good.	I support Sacred Activism as a force of compassion-in-action and as a means of creating peace and sustainability.

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*How I feel about it now:*

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